Disrupt Disability Arts Festival 2026

Our Place: Cross-Sector Discussion
Strengthening Inclusion for Artists with Intellectual Disability

Know Before You Go Guide

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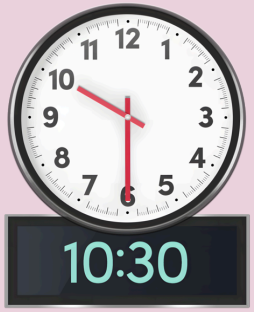
About the Event



Our Place: Cross-Sector Discussion Strengthening Inclusion for Artists with Intellectual Disability

Online, 6 March, 10:30am - 1.00pm

Duration: 2 hours and 30 minutes

This event is on Zoom

Free Event

We will talk about the best ways to include people with learning disabilities in the arts.

This is a relaxed event - you can take breaks whenever you would like.

Trigger warnings:

- Ableism
- Inequality
- Exclusion
- Disability Rights

What We Will Talk About

We will focus on:

- Artists with an intellectual disability
- fair and equal working conditions
- inclusion and access in the arts.

There will be short presentations and times when you can talk in groups.

The event is for:

- Artists
- Arts workers
- Organisations
- People working in disability and arts sectors

The artists and team from Our Place will talk about their experience making work together.

We will talk in groups about:

- Being Paid & Valued as Artists
- Access to Training and Education
- Slower Processes for Making Work
- Ownership Rights & Contracts

You can also share your thoughts and any helpful tools or resources with the other people at the event.

About Our Place

The Our Place project is socially engaged art project led by:

- artists Alan James Burns and Sinead McCann
- co-designers Patrick Fitzgerald and Tony Davis

It gives people with intellectual disabilities access to art.

It is supported by staff at St John of God Liffey Services Dublin.

CARLOW ARTS FESTIVAL

RETHINK IRELAND

Our Place Carlow is commissioned by **Carlow Arts Festival**.

Our Place Carlow collaborates with:

- Delta Centre Carlow
- VISUAL Carlow

It is funded by **Rethink Ireland** with the Department of Children, Equality, Disability, Integration and Youth.

Carlow Arts Festival is supported by the **Arts Council of Ireland** and **Carlow County Council**.

The event was planned with **Create Ireland** and **The Safe to Create Amplify Report**.

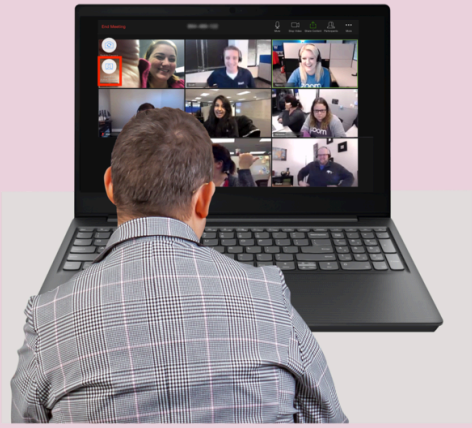
What is Zoom?

Zoom is an **online meeting** tool.

An online meeting means people meet on a screen instead of in the same room.

You can join from your own home or workspace.

Cost: Free



Zoom is a program that lets people:

- See each other on **screen**
- Hear each other talk
- Use **captions** (text on screen)

You use Zoom through:

- A computer or **laptop**
- A **tablet** or **smartphone**

What do I need before the event?

Before the day of the event, make sure you have:

✔ A device (computer, tablet, or phone)

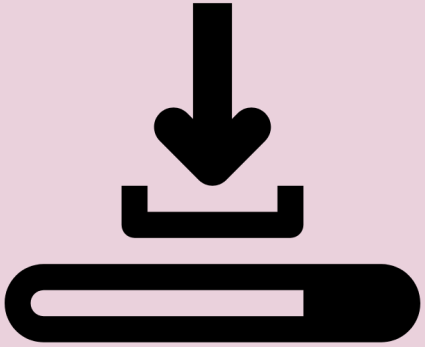
✔ Internet connection

✔ A quiet space

✔ Headphones (optional)

✔ The Zoom app installed

How to Set Up Zoom (Step by Step)

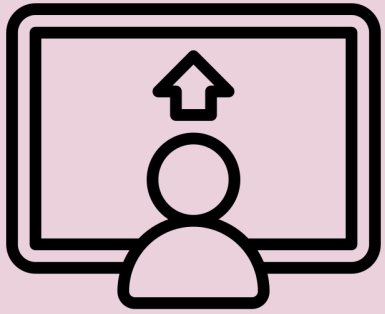
zoom	**Step 1: Go to the Zoom website** ● Open your internet **browser** (Chrome, Safari, Edge) ● Go to: **www.zoom.us**
 Created by Berkah Icon from Noun Project	**Step 2: Download Zoom** ● Click “**Download**” ● Choose “**Zoom Workplace**” ● Follow the **instructions** on your screen

How to Join the Event on the Day

	Step 1: Open the Zoom link ● You will receive a **Zoom link** by email ● Click the **link**
zoom	**Step 2: Open Zoom** ● Zoom will open **automatically** ● If asked, click “**Open Zoom**”

Step 3: Enter your name

- Type the name you want people to see
- This can be your **first name** only
- You can add your pronouns here if you would like to



Created by Berkah Icon
from Noun Project

Step 4: Join the meeting

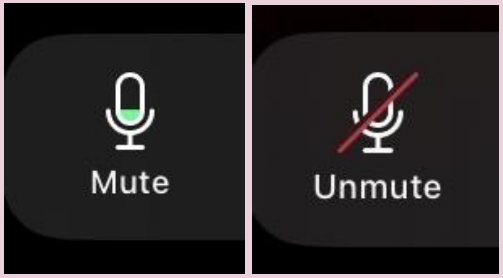
- Click “**Join**”
- You may enter a **waiting room**
- The **host** will let you in

Using Zoom During the Event

Turn Your Camera On or Off

- Click the **camera** icon
- You can choose:
  - Camera **ON** (people see you)
  - Camera **OFF** with the red line (people do not see you)

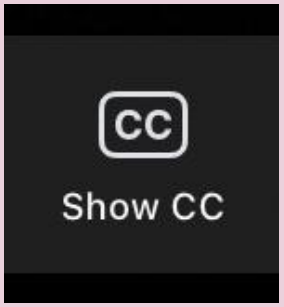
If you do not want your camera on during the call, that is ok.

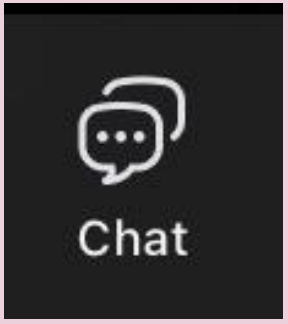


Mute or Unmute Your Microphone

- Click the microphone icon
- **Muted** = people cannot hear you
- **Unmuted** = people can hear you

You can **unmute** when you want to speak.





Using Captions (Live Text)

- Click “**CC**” or “**Live Captions**”
- Words will appear on the **screen** as people talk

Using the Chat

- Click **“Chat”**
- You can:
    - Type **questions**
    - Say hello
    - Ask for **help**

Access supports at this event

This event includes:

- ✔ Open captioning
- ✔ Irish Sign Language (ISL)
- ✔ Audio description
- ✔ Comfort breaks
- ✔ Technical assistance
- ✔ Small group discussions

Tips for feeling comfortable

- Join 10 minutes early if you can
- Keep a **drink** nearby
- Turn your camera off if you need **rest**
- Take **breaks** whenever you want
- You can leave and **rejoin** the meeting

What can I do if something goes wrong?

If you have a problem:

- Check your **internet connection**
- Close Zoom and open it again
- Re-click the **Zoom link**
- Use the **Chat** to ask for help
- A team member will support you

You are not doing anything wrong - **technology** can be tricky.

You Are Welcome!

This is a **relaxed** and **inclusive** online event.

You do not need to be an expert in Zoom.

Support is always available.

Reach out to info@disruptfestival.ie at **any time.**

Disrupt

Contact us

If you have **questions** you can get in touch at:
info@disruptfestival.ie